

Although achieving varsity letters in 4 sports, Josh Reed was most gifted in football. He helped rejuvenate York's program while accumulating many prestigious accolades along the way. Josh participated in football, basketball, track, and lacrosse during his career at York High School.

- ➤ A member of the football program for all 4 years, Josh received recognition from his coaches throughout; moving from Most Improved, to Coaches Award and finally to Most Valuable Player in his senior year.
- ➤ A running back converted to quarterback in his junior year, Josh ran for over 5,100 yards in his career.
- > He scored 52 career touchdowns.
- ➤ Josh was selected to the All-Conference Team in his sophomore, junior, and senior years and to the All-Seacoast Team in his junior and senior years.
- ➤ As a senior, Josh was nominated as a finalist for the Bruce Campbell Award, the Campbell Conference's highest honor.
- ➤ Josh was named captain on both his football and lacrosse teams.
- ➤ In track, Josh competed in a wide variety of events helping the team to success from 1996 through 1998.