

MOLLY CARL

During her time at York, Molly proved to be a valuable team member, contributing greatly to three different sports and earning an impressive 12 varsity letters over four years. She also set records and won State Championships in multiple events.

- Serving as the captain her senior year, Molly helped bring YHS Cross Country to the elevated status that the program enjoys today
- Noted mostly for her running ability, she could also jump, especially in the triple jump as she became a Western Maine Champion in that sport
- In 2009, Molly won the 300-meter hurdles in WMC record time, winning that event at the State Outdoor Track Championship
- Part of the 4 X 400-meter Relay Team, Molly anchored the group and set another record while winning the event at the State Championship
- As Captain, she helped lead the Outdoor Track Team to a 2nd place finish in 2009
- 2009 was an outstanding year for Molly running on the Indoor Track Team 4 X 200 State Champion Team
- Fittingly, Molly Returned to York High School to work with the Girls' Cross Country Team as she prepared to coach in college

Class of 2009

